



## Endodontic Post-Treatment Instructions

Discomfort following endodontic treatment may occur. This is normal and is caused by the inflammatory process that was present in and around your tooth. The tooth should feel much better in three to five days. Take any medications as prescribed or recommended by the doctor who performed your treatment.

If you experience significant swelling and/or severe pain, please contact us immediately as this is a rare occurrence after root canal treatment. A “flare-up” resulting in a rapidly increasing area of swelling should be treated as soon as possible.

If the gum area around the tooth is irritated following the endodontic treatment, this may be due to the placement of the rubber dam during treatment. Rinsing your mouth with warm salt water will speed up the healing process. This should be repeated every three or four hours until the discomfort subsides. If the discomfort does NOT subside, please contact us.

Upon completion of the root canal treatment, a temporary restoration is placed in the tooth to prevent possible recontamination of the root canal by saliva and bacteria. **It is very important that you contact your dentist to have a permanent restoration placed.**

### Questions/Concerns:

If you have any questions or concerns regarding your post-treatment progress, please contact our office during business hours at 608-442-3300. If you are calling after hours and have not received a response from the doctor who performed your treatment within 15 minutes, please contact any of the other doctors listed below.

Thank you for allowing us to participate in your dental care.

**Dr. Nabeel Khan**  
608-213-4092  
[Nabeel@capitalendo.com](mailto:Nabeel@capitalendo.com)

**Dr. Douglas Ferris**  
608-332-5899  
[DFerris@capitalendo.com](mailto:DFerris@capitalendo.com)

**Dr. Dylan Downs**  
217-370-8368  
[Dylan@capitalendo.com](mailto:Dylan@capitalendo.com)

**Dr. Chad Campanelli**  
608-695-6564  
[Chad@capitalendo.com](mailto:Chad@capitalendo.com)

**Dr. David Landwehr**  
608-698-1703  
[obtr8@yahoo.com](mailto:obtr8@yahoo.com)

**Dr. Reid Wycoff**  
608-909-1212  
[reid@capitalendo.com](mailto:reid@capitalendo.com)